



KICKING BACK

May 2024



ROYAL LIFE SAVING
NORTHERN TERRITORY

EDITION #132



Welcome to the May edition of Kicking Back.

May was a massive month as Dry season community events rolled out across the Top End. Keep reading for all the highlights including fun at Fred's Pass Show and community visits to Nhulunbuy and Kalkarindji.



Junior First Aid
at Kalkarindji Community



Boof had fun at the
CDU Student Life Water Festival



The show circuit begins
at Fred's Pass Show

MISSION, VISION AND STRATEGY

MISSION: To prevent loss of life and injury in the community with an emphasis on the aquatic environment.

VISION: To build a healthy, strong and safe aquatic community through access to water safety education and training.

STRATEGY: Our People, Our Lifestyle, Our Water

Patron: His Honour Professor the Honourable Hugh Heggie PSM, Administrator of the Northern Territory and Ms Ruth Jones.

President: Randall Cook

Proudly sponsored by
 Northern Territory
Government

OUR PLACES



From 29 April to 3 May Royal Life Saving NT conducted an amazing week of training, learning and leadership with the students from Laynhapuy Homelands School.

Students spent the week at Nhulunbuy Aquatic Centre participating in the Swim, Survive & Strive program which included Bronze Medallion, Bronze Star and First Aid training.

Congratulations to Royal Life Saving's Lifesavers of the week. Billy for outstanding skills in First Aid and leadership, and Kiki for phenomenal swimming skills and team spirit.

Shout-out to the wonderful team of lifeguards at Nhulunbuy Aquatic Centre and a big thank you to Nhulunbuy Corporation for their generosity and unwavering support of this annual swimming, water safety and training program. Keep scrolling for more photos from the visit.



OUR PLACES



Laynhapuy
Homelands
School

nhulunbuy
corporation



OUR PEOPLE *Work With Us*

Royal Life Saving NT is currently recruiting for positions vacant in Darwin and Alice Springs.

Royal Life Saving NT is a not-for-profit organisation currently seeking to employ a Training Manager with the following attributes:

- Experience in Business Management
- Ability to lead and manage a small team
- Is organised, highly motivated, with extensive experience in conflict resolution skills
- Experience in VET and Registered Training Organisation management
- Holds a current Cert IV Training & Assessment TAE40116 or higher
- Enjoys working outdoors and in the aquatic environment
- Ability to deliver and assess training courses as required
- Ability to travel to remote communities as required

Experience in training, developing and maintaining stakeholder relationships is essential. An attractive salary package and training will be offered to the right person.

All applications should address the selection criteria and be accompanied by an up-to-date Résumé. Applications close 4pm on 12 June 2024.

For further information and position description, including full selection criteria, please call Jill on **0418 857 076** or email: finacent@rlssa.org.au.



TRAINING MANAGER
Location: **Darwin**



OUR PEOPLE *Work With Us*

Royal Life Saving NT is currently recruiting for positions vacant in Darwin and Alice Springs.

Royal Life Saving NT is a not-for-profit organisation currently seeking to employ a Community Development Officer with the following attributes

- Enjoys working outdoors and in the aquatic environment
- Ability to travel to remote communities to deliver services
- Holds a current Cert IV Training & Assessment TAE40116 or higher, or ability to obtain
- Holds a current AUSTSWIM Teacher of Swimming and Water Safety license
- Is organised and highly motivated.

This position is based in Alice Springs.

Experience in program delivery, training, and developing and maintaining stakeholder relationships is essential. An attractive salary package and training will be offered to the right person.

All applications should address the selection criteria and be accompanied by an up-to-date Résumé. Applications close 4pm 13 June 2024.

For further information and position description, including full selection criteria, please call Jill on **0418 857 076** or email: finacent@rlssa.org.au.



COMMUNITY DEVELOPMENT
OFFICER

Location: **Alice Springs**

OUR PLACES

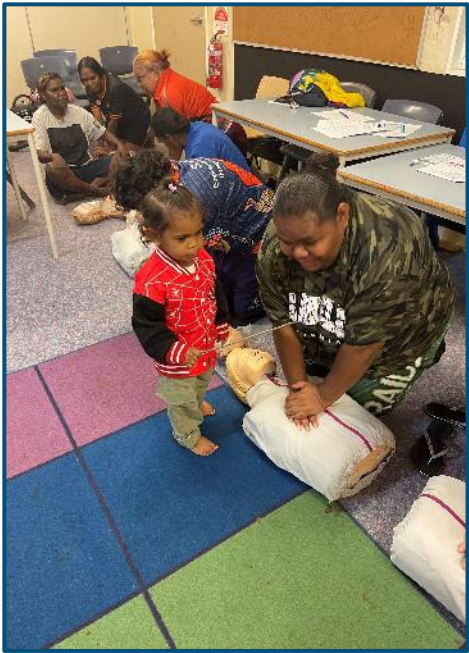


From 29 April to 3 May Royal Life Saving NT travelled to Kalkarindji Community 554 kilometers south of Darwin as part of Indigenous Advancement Strategy funding. First Aid training was delivered to Kalkaringi School staff and students, the team from Gurindji Aboriginal Corporation and Victoria Daly Regional Council staff.

36 participants attended the training that included the first ever Junior First Aid course. A brand-new course designed specifically for primary school students. Keep scrolling for more photos from the visit.



OUR PLACES



Empowering Community
Through Education



GURINDJI
ABORIGINAL CORPORATION



Victoria Daly
REGIONAL COUNCIL

OUR LIFESTYLE



It's showtime!

On 25 and 26 May Royal Life Saving NT held a stall at the 45th annual Fred's Pass Show. Officially kicking off the show circuit for 2024, be sure to stop by our tent at upcoming shows and community events.



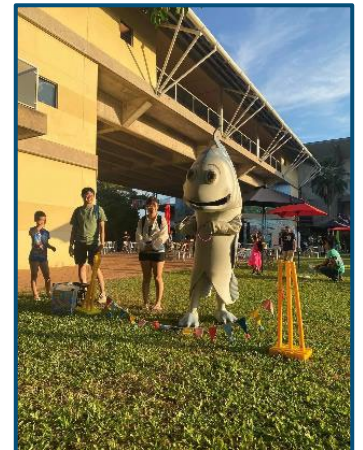


OUR LIFESTYLE

On 9 May Royal Life Saving NT attended the inaugural Charles Darwin University (CDU) Water Festival.

Staff shared water safety messages and CPR awareness with students and had conversations about making safe decisions around water.

Big thank you to CDU Student Life for having us. Boof had fun!

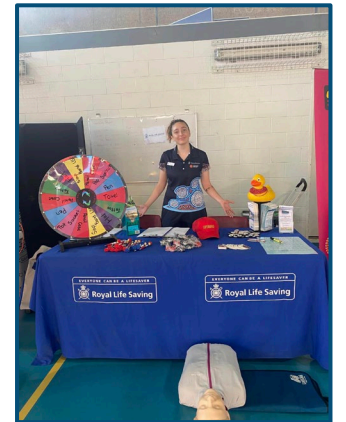




OUR LIFESTYLE

On 31 May Royal Life Saving NT wrapped up a busy month of events with a fun-filled morning at Darwin High School's annual Health Expo.

A whopping 1200 students attended the event featuring over 40 health and wellness organisations. Students completed water safety quiz questions at the Royal Life Saving NT stall and displayed an impressive amount of CPR awareness.



Sharing vital water safety messages to parents of children under the age of five is at the core of the Water Safety Awareness Program.

Well done to the parents who attended Session 1, Emergency Care at our Parap office on 21 May. Happy swimming with your little ones!

Keep scrolling to the next page for further information about upcoming session dates.



PROUDLY SPONSORED BY



WATER SAFETY

AWARENESS PROGRAM



EMERGENCY CARE SESSIONS

Bookings are essential

Alice Springs

Birth & Beyond – Parent Resource Centre
Fan Arcade, 10/89 Todd St

Friday 16 Aug 9am

Tuesday 17 Sep 10am

Friday 20 Sep 10am

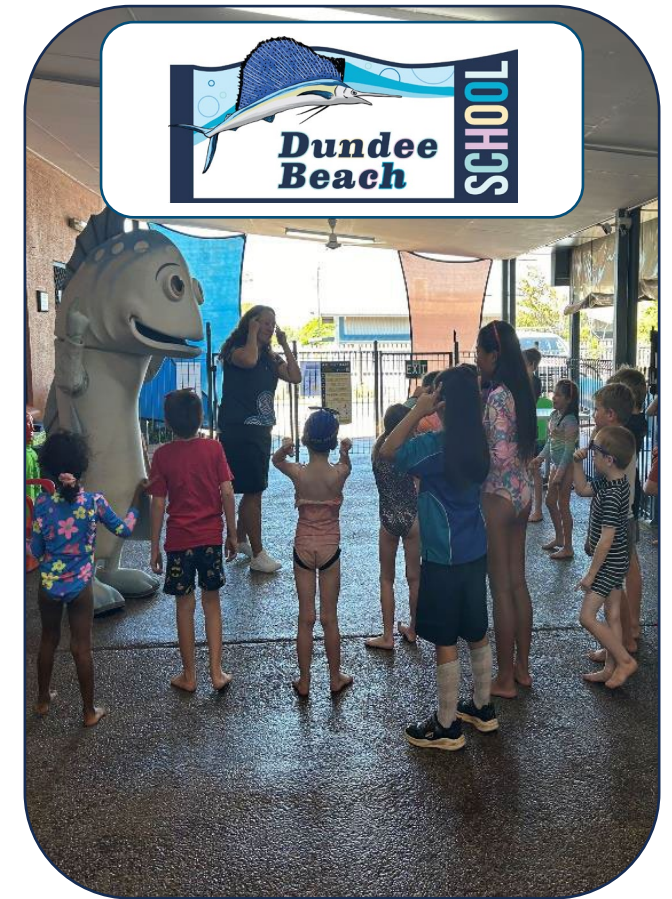
Tuesday 8 Oct 10am

Friday 11 Oct 10am

Are you in another location?

Email us at wsap@rlssa.org.au and we can assist with your enquiry

Well done to all schools that participated in our Swim and Survive programs this month.



TRAINING



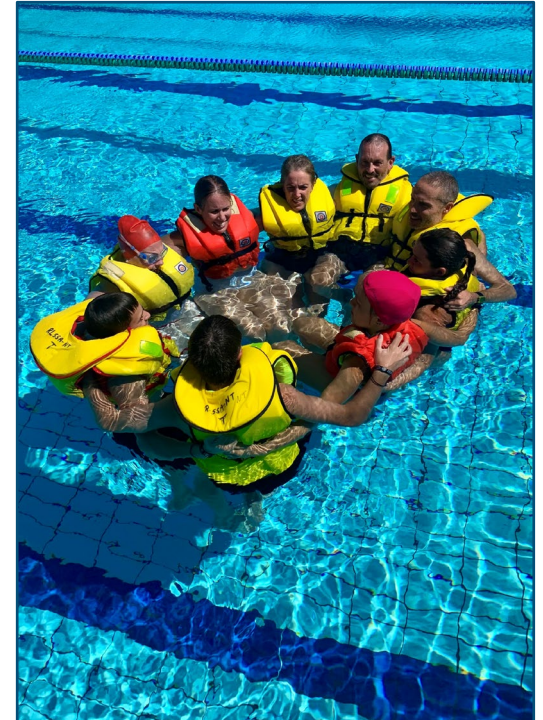
Hydrotherapy Rescue Award at Palmerston Regional Hospital on 9 May



First Aid training at RLSSA NT office, Parap on 10 May.



First Aid training at RLSSA NT office, Parap with THE Mining on 14 May



Bronze Medallion at Parap Pool on 18 May

UPCOMING COURSES



Book Now

 trainingmanagernt@rlssa.org.au
 <https://nt.training.royallifesaving.com.au>
 Royal Life Saving Northern Territory
 8981 5036



Royal Life Saving NT
ABN 57 939 760 839 - RTO 0859
GPO Box 1229, Darwin NT 0801
RTO Provider #0859

Resuscitation

Royal Life Saving NT Office, Parap | 25 June, 2-4pm
Goldfishbowl Swim School, Yarrowonga | 28 June, 8.30-10.30am
Royal Life Saving NT Office, Parap | 12 July, 8.30-10.30am
Royal Life Saving NT Office, Parap | 30 July, 2-4pm

First Aid

(**online learning** + practical assessment)
Royal Life Saving NT Office, Parap | 25 June, 2-6pm
Royal Life Saving NT Office, Parap | 30 July, 2-6pm

Provide First Aid

Goldfishbowl Swim School, Yarrowonga | 28 June, 8.30am-4.30pm
Royal Life Saving NT Office, Parap | 12 July, 8.30-4.30am

First Aid Childcare

(**online learning** + practical assessment)
Royal Life Saving NT Office, Parap | 25 June, 2-7pm
Royal Life Saving NT Office, Parap | 30 July, 2-7pm



Do you love the water?

Join us at an AUSTSWIM course in the Northern Territory this year. Scan the QR code to secure your spot today!



SCAN HERE!

AUSTSWIM Teacher of Swimming and Water Safety™

[SWELL Palmerston](#) | Sat 8 & Sun 9 June

[Royal Life Saving NT Office, Parap](#) | Sat 10 & Sun 11 August

[Royal Life Saving NT Office, Parap](#) | Sat 2 & Sun 3 November



AUSTSWIM Teacher of Towards Competitive Strokes™

[Goldfishbowl Swim School, Yarrowonga](#) | Mon, 8 July



AUSTSWIM Teacher of Aquatics – Access and Inclusion™

[Goldfishbowl Swim School, Yarrowonga](#) | Tue, 9 July



AUSTSWIM Teacher of Adults™

[Goldfishbowl Swim School, Yarrowonga](#) | Wed, 10 July



AUSTSWIM Teacher of Infant and Preschool Aquatics™

[Goldfishbowl Swim School, Yarrowonga](#) | Fri 27 September






Goldfishbowl Swim School



What's on at
the
Goldfishbowl



Goldfishbowl Swim School


ADULT

LEARN TO SWIM

TERM 2: Now - June 23rd

TERM 3: 15/7/24 - 15/9/24

TERM 4: 7/10/24 - 8/12/24





WEDNESDAYS

STARTS 6 - 6.45 PM

\$19 PER LESSON

Learning to swim is a skill for life, whether you have no experience or wanting to improve your stroke it is never too late to start!

ENROL NOW!


Goldfishbowl Swim School Call (08) 8931 1000

"Where the Water is Warm and the Teachers are Cool"

Term 2: Now - 23rd June

Term 3: 15th July - 15th September

Term 4: 7th October - 8th December

We offer Morning and Afternoon sessions Monday to Friday.

Parent & Child Class Sessions
9am-11am


School Aged Sessions
3pm-6pm

Saturday lessons: 8am - 1pm

Sunday lessons: 8:30am - 1pm






Goldfishbowl Swim School 

AQUA AEROBICS

TERM 2: Join at any time

TERM 3: 15.7.24 - 15.9.24

TERM 4: 7.10.24 - 8.12.24





Exercising in the water is a great, low impact way to exercise and improve your fitness, strength, endurance, and flexibility. No booking required.

Tuesdays and Thursdays
6:00 - 6:45 pm

Contact us with any inquiries:
08 8931 1000
44 Toupein Road, Yarrawonga

\$12 per class
\$108 prepaid 10 class card

POOL LIFESAVING



On 18 May Darwin's pool lifesaving squad held a fundraising BBQ at the Goldfishbowl Swim School and raised over \$400! Thank you to the athletes, parents and coaches who volunteered, cooking up delicious bacon and egg rolls for hungry swimmers after lessons. Keep an eye out for upcoming fundraising events and help support pool lifesaving in the Northern Territory.



Pool lifesaving.
It's more than just a sport.

CONNECT WITH US



Connect with us



@RoyallifeSavingNorthernTerritory



@RoyallifeSavingNT



@RoyallifeSavingAUST



royallifesaving.com.au

Wattie Creek, NT