



KICKING BACK

June 2024

EDITION #133



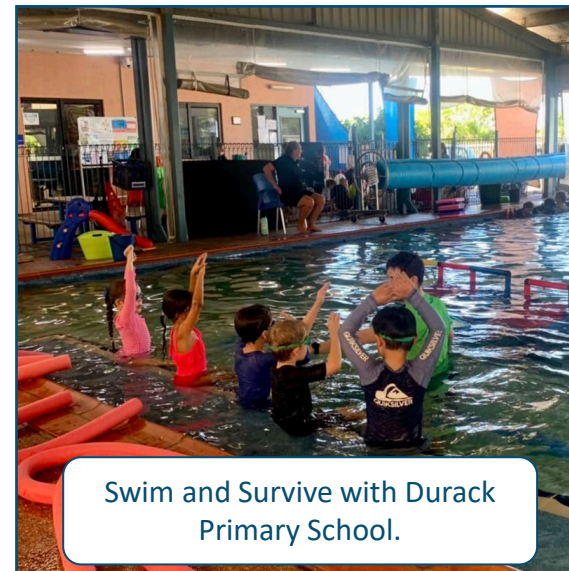
Welcome to Kicking Back for June, the Northern Territory Administrators Medal Awards special edition. Water safety was front and centre at the Darwin 4WD, Camping & Boat Expo plus community visits to Papunya, Maningrida and Nhulunbuy.



Casuarina and Karama Babies Day Out 2024.



Darwin 4WD, Camping & Boating Expo.



Swim and Survive with Durack Primary School.

MISSION, VISION AND STRATEGY

MISSION: To prevent loss of life and injury in the community with an emphasis on the aquatic environment.

VISION: To build a healthy, strong and safe aquatic community through access to water safety education and training.

STRATEGY: Our People, Our Lifestyle, Our Water

Patron: His Honour Professor the Honourable Hugh Heggie PSM, Administrator of the Northern Territory and Ms Ruth Jones.

President: Randall Cook

Proudly sponsored by
**Northern Territory
Government**

OUR PEOPLE



Congratulations to Alice Doyle who was awarded the NT Administrator's Medal Award for 2023 on 13 June at Government House. This is part of Alice's citation:

Alice Doyle has volunteered 18 years of continuous service to Royal Life Saving NT. Alice is an inspirational leader who's fun and professional. Her commitment to exceptional governance practices has ensured that Royal Life Saving NT is held in high regard in the community.

Alice has been a Trainer for 18 years, a Board Member for 10 years and is leading pool lifesaving in the remote town of Nhulunbuy, where she's also the volunteer swim coach. Alice volunteers for community events and promotes water safety and lifesaving at every level. Alice volunteers over 100 hours every year and often has her young family helping her to promote the cause.

Alice is a champion life saver, and she uses her personal and professional network to strengthen our drowning prevention cause and to make a positive impact in people's lives. Alice represents the spirit of lifesaving and her strong community values support the strategic and operational goals of Royal Life Saving NT.

Alice leaves no stone unturned in promoting water safety to every demographic of our vast Territory and she does this with pride, passion and commitment. Alice is a team player who brings the best out of our trainers and swim teachers. She also adds enormous value to the Board of Royal Life Saving NT through her strategic mindset and commitment to ethical decision making.



Unfortunately, Alice's flight from Nhulunbuy was delayed on the night of the awards. Luckily, Floss had a scheduled trip and could hand deliver her prestigious award. Pictured here at the Walkabout Hotel. Congratulations, Alice!

OUR PEOPLE



Board Members, Staff, Volunteers and Members of Royal Life Saving NT attended Government House on 13 June for a wonderful evening acknowledging the commitment and dedication of some Members to water safety education and drowning prevention across the Northern Territory.

Thank you to His Honour Professor Hugh Heggie and Ms. Ruth Jones for hosting this wonderful evening. Congratulations to all the award recipients.

Keep scrolling for more images from the night, captured by the talented Nakita Pollock Photography.



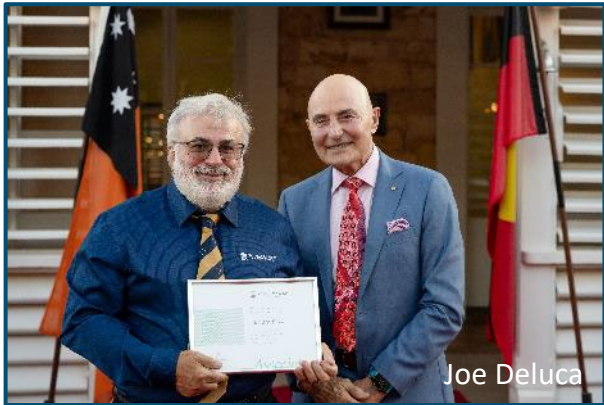
OUR PEOPLE



Bernard Holland



Charmaine Scoggins



Joe Deluca



Julie Turner

Award Recipients



Maja van Bruggen



Rebecca Gawne



Donna Rousham OAM



Northern Territory
Pool Lifesaving Team

Not pictured: Alice Doyle and Sarah Dowd

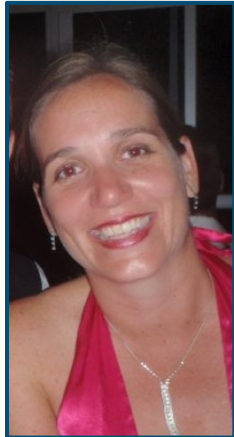




Meet Our Members



Who better to profile for this edition, than the 2023 recipient of the NT Administrator's Medal Award, Alice Doyle. A member for 18 years, Alice is a shining example of the heart and soul of our organisation.



What made you become a member?

I was introduced to the lifesaving programs Royal Life Saving ran as part of my senior school studies in Physical Education (PE). I think the principals of water safety are essential for all Australians and when I arrived in the NT as a teacher of PE and Outdoor Education, I wanted to ensure all students I taught were also introduced to water safety; engaging with the local RLSSA branch, I signed up as a trainer and ran the programs within NT schools.

What have been some of your favourite experiences as a member? Watching kids have so much fun being involved in programs. Water safety is so important for all Territorians and Royal Life run the most comprehensive programs to cover all ages and abilities.

Pick three words that describe RLSSA NT: Water safety family

What would you say to someone who is thinking about becoming a member? DO IT – if you are thinking about becoming a member to learn new skills or to teach the Royal Life principals, you'll end up being the one rewarded. All skills you learn are life long and you never know – you may use them to save a life!

What would you say are some of the benefits of being a member with RLSSA NT?

The family of Royal Life is amazing, and I think everyone should be part of it. You get to make a difference and learn and teach a whole torrent of skills that can save lives.

“I'm genuinely appreciative of the opportunity to be part of Royal Life Saving NT. The level of genuine care given to community members is beyond anything I've seen in any other not for profit organisation. And if anyone wants to fill their cup with community connection and gratitude, be a member of RLSSA NT!”





The Water Safety Unit

The Water Safety Team had a fun morning at the Casuarina and Karama Babies Day Out on 5 June. Thank you, Hon Ngaree Ah Kit Member for Karama and Ms. Lauren Moss Member for Casuarina for the invite. We enjoyed informing parents about the Water Safety Awareness Program.

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OUR LIFESTYLE

It was everything water safety at the **Darwin 4wd, Boating & Camping Expo** on 22 and 23 June. Shout-out to our amazing Team and volunteers, and a huge thank you to everyone who donated to Royal Life Saving NT's car parking fundraiser. Your generosity raised a whopping \$3600! It was a great weekend chatting to people about water safety and #maketherightcall.





EMERGENCY CARE SESSIONS

Bookings are essential

WATER SAFETY AWARENESS PROGRAM



PARAP

Royal Life Saving NT
77 Ross Smith Ave, Parap
(Blue building)

Monday 22 July 5pm

Thursday 25 July 9am

World Drowning Prevention Day
(Morning tea provided).

Monday 26th August 5-6pm

Tuesday 27th August 9-10am

Saturday 31st August 9-10am

PALMERSTON

Palmerston Child & Family Centre
2 Brennan Court, Farrar

Wednesday 24 July 4.30pm

Wednesday 28th August 4.30pm

Thursday 29th August 9am

ALICE SPRINGS

Birth & Beyond – Parent Resource Centre
Fan Arcade, 10/89 Todd St

Friday 16 August 9am

Tuesday 17 September 10am

Friday 20 September 10am

Are you in another location?

Email us at wsap@rlssa.org.au and we can assist with your enquiry

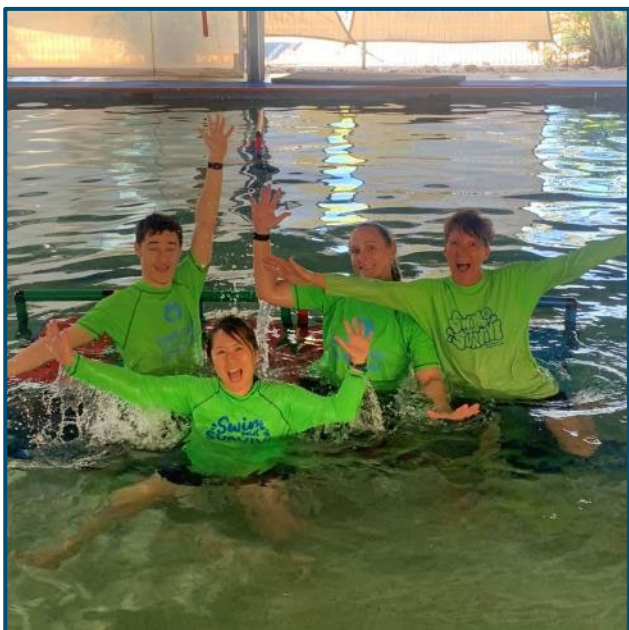


Goldfishbowl Swim School



Durack Primary School made a splash on their Swim and Survive program at the Goldfishbowl Swim School from 11-14 June.

Great swimming, everyone!



Swim
and
SURVIVE

TRAINING



First Aid training in Papunya
from
28-30 May



First Aid training with Ventia at
Royal Life Saving NT HQ on 4
June.



First Aid with Mala'la Health
Service Aboriginal Corporation
in Maningrida on 6 June



First Aid with Dhimurru
Aboriginal Corporation in
Nhulunbuy on 17 & 18 June.

UPCOMING COURSES



Resuscitation

Royal Life Saving NT Office, Parap | 12 Jul, 8.30-10.30am
Royal Life Saving NT Office, Parap | 30 Jul, 2-4pm
Goldfishbowl Swim School, Yarrowonga | 2 Aug, 8.30-10.30am
Royal Life Saving NT Office, Parap | 27 Aug, 2-4pm

First Aid or First Aid Childcare

(**online learning** + practical assessment)

Royal Life Saving NT Office, Parap | 30 Jul, 2-6pm
Royal Life Saving NT Office, Parap | 27 Aug, 2-6pm

*Childcare first aid course times 2-7pm

Provide First Aid

Royal Life Saving NT Office, Parap | 12 Jul, 8.30-4.30am
Goldfishbowl Swim School, Yarrowonga | 2 Aug, 8.30am-4.30pm

Book Now



trainingmanagernt@rlssa.org.au



<https://nt.training.royallifesaving.com.au>



Royal Life Saving Northern Territory

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ABN 57 939 760 839
RTO 0859

GPO Box 1229,
Darwin NT 0801
RTO Provider #0859

Bronze Medallion or Update

Royal Life Saving NT Office, Parap | 10 Aug,
8.30am-4.30pm
Alice Springs Aquatic & Leisure Centre | 12 Aug,
8.30am-4.30pm

*Bronze Medallion update course times 8.30am-12.30pm



DO YOU LOVE THE WATER?

Join us at an AUSTSWIM course
this year.

AUSTSWIM Teacher of Swimming and Water Safety™

Royal Life Saving NT Office, Parap | Sat 10 & Sun 11 August
Royal Life Saving NT Office, Parap | Sat 2 & Sun 3 November



AUSTSWIM Teacher of Infant and Preschool Aquatics™

Goldfishbowl Swim School, Yarrowonga | Fri 27 September





CONNECT WITH US

Connect with us



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@RoyalLifeSavingAUST



royallifesaving.com.au

Government House, Darwin

- Nakita Pollock Photography