



KICKING BACK

November & December 2024

EDITION #137

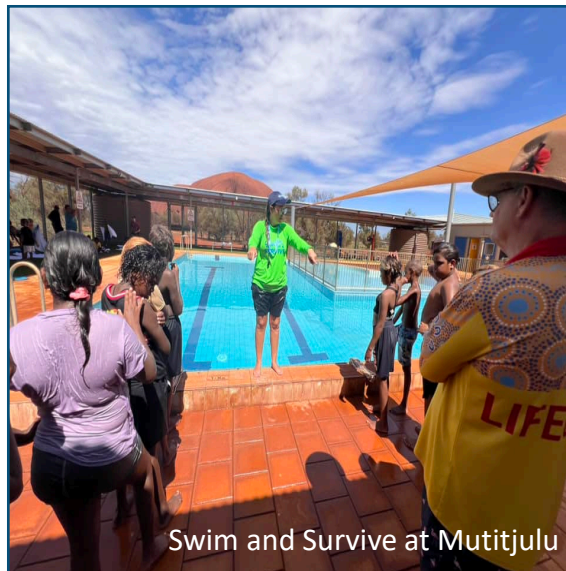


Welcome to the final edition of Kicking Back for 2024.

This double edition is jam-packed with happenings from November and December, including the exciting announcement of funded school swimming programs set to roll out in 2025. We celebrated Christmas with our Members in Darwin and Alice Springs, and there was impressive talent on show at remote swimming carnivals across the Territory.



Pool Lifeguard training in Borroloola



Swim and Survive at Mutitjulu



Funded School Swimming announcement in Katherine

MISSION, VISION AND STRATEGY

MISSION: To prevent loss of life and injury in the community with an emphasis on the aquatic environment.

VISION: To build a healthy, strong and safe aquatic community through access to water safety education and training.

STRATEGY: Our People, Our Lifestyle, Our Water

Patron: His Honour Professor the Honourable Hugh Heggie PSM, Administrator of the Northern Territory and Ms Ruth Jones.

President: Randall Cook



OUR PLACES



From November 4-8 Royal Life Saving NT visited Tennant Creek with Sport Education NT to deliver a Swim and Survive program for remote schools of the Barkly region.

52 students from four schools enjoyed two and half days of water safety and swimming lessons that included important survival skills, before being joined by another three remote schools with 54 students for the annual - hotly contested - Barkly Region Interschool Swimming Carnival.

A big thankyou RLSSA NT staff, School of Sport Education NT and staff from Barkly Region Department of Education office and sponsorship by Neil Scriven from Scriven Exploration Pty Ltd.

Keep scrolling for more photos from this wonderful program.



Alekarenge School (pictured bottom left) were named champion swimming school and Ampilatwatja School (pictured right) won the 'Dillon School Spirt' trophy.

Congratulations to Lethaniel Shannon (Alekarenge) and Petrina Thompson (Neutral Junction) named Life Saving Award winners.



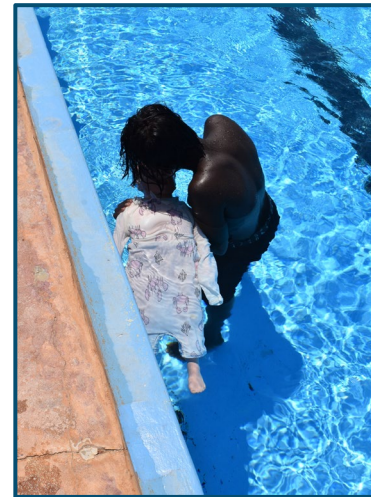




OUR PLACES



Royal Life Saving NT travelled to Borroloola and Ngukurr Communities to deliver the Indigenous Advancement Strategy.



OUR PLACES



From 2-6 December Royal Life Saving NT travelled to Yulara and Mutitjulu Communities to deliver Swim and Survive programs to school students.



Royal Life Saving NT Christmas message

The Executive Board of Royal Life Saving NT wishes all Territorians a safe and happy Christmas and New Year. Look after each other while you are in, on and around the water and please practice these top five water safety tips:

- Always supervise children around water
- Avoid alcohol around water
- Wear a lifejacket when boating and fishing
- Avoid going alone
- Know the conditions



From the Goldfishbowl Management Team

As we approach the end of the year, The Goldfishbowl Swim School is proud to reflect on a successful Term 4. Our facility has been consistently busy with school programs every week, and our dedicated instructors have worked tirelessly to ensure every session was a success.

We welcomed five schools to The Goldfishbowl Swim School: Bakewell, Humpty Doo, Sattler Christian College, Woodroffe, and Saint Francis of Assisi. Each week was filled with valuable learning experiences, as students honed their survival skills, refined their stroke techniques, and, of course, had plenty of fun!

By the end of Week 8 in Term 4, we'd issued 80 Learn to Swim certificates, recognising the dedication, development and progress of our swimmers. Lightning Strikes and Thunderbolts squad members had a fantastic Term 4, making impressive strides in technique, endurance, and race strategy.

Finally, we capped off the term with our annual Members Christmas Party. The event was a fantastic celebration, featuring a sizzling BBQ plus plenty of swimming and festive fun for all. It was the perfect way to wrap up a fantastic year and thank our members for their continued support.

From everyone at the Goldfishbowl Swim School, have a joyful and Merry Christmas and a Happy New Year.





On 23 November, the Goldfishbowl hosted our Darwin Members Family Christmas Party. It was great to get together and celebrate the Festive Season with swimming, a BBQ and plenty of cheer.



ALICE SPRINGS



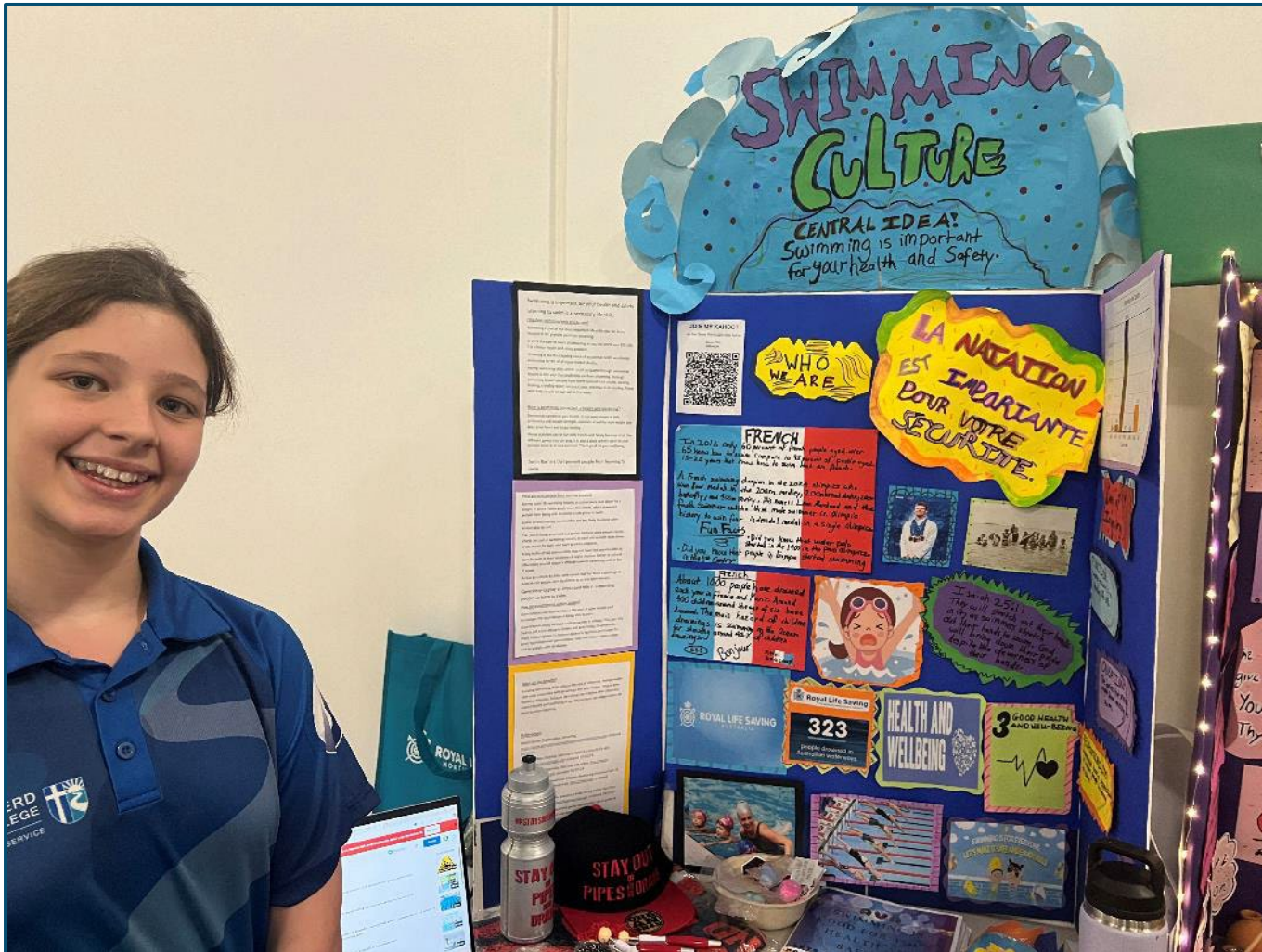
On 4 December, it was Alice Springs turn to get festive!

We celebrated Christmas with our pool lifesaving athletes, members and their families.

Thank you to everyone who came along and to Alice Springs Aquatic and Leisure Centre for hosting.



OUR PEOPLE



Ava Ramic, Year 5 student at Good Shepherd Lutheran College and passionate swimmer, contacted Royal Life Saving NT in November as part of her end of year studies.

Ava let us know she had chosen to complete her final and major Exhibition project on swimming culture, focusing on the central idea that 'Swimming is important for your health and safety'.

Using information from Royal Life Saving Australia, Ava explored the importance of learning to swim throughout her exhibition which included an interactive activity for students, parents and teachers. Royal Life Saving NT donated merchandise as prizes for the impressive project. Well done, Ava!

OUR PEOPLE



On 22 November Royal Life Saving Society Board Members and Staff enjoyed a delicious surprise lunch to celebrate 2024 and the announcement of a funded school swimming and water safety program for NT primary school students next year.

WE ARE HIRING

We can offer you

- A workplace which makes people's lives better by teaching swimming and water safety skills
- Generous remuneration
- On the job training
- Flexibility

What can you offer us?

- We want to hear from you if you are a can do allrounder who wants to be a part of our awesome Team and has a willingness to learn new things

If you would like to learn about the incredible opportunities we have on offer please contact us today by emailing nt@rlssa.org.au or calling Jill on 0418 857 076.

We can't wait to hear from you!



ROYAL LIFE SAVING
NORTHERN TERRITORY

PROGRAMS



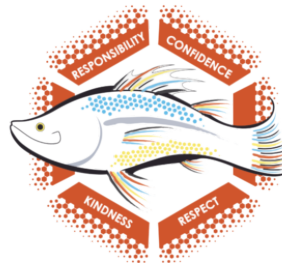
On 21 November, the Northern Territory Government announced from next year all NT students in years 1-6 will have access to free swimming and water safety lessons in schools. Royal Life Saving NT and the School Swimming Alliance (Surf Life Saving NT, Swimming NT, Kidsafe NT, Triathlon NT, Amateur Fishing Association NT and YMCA of the NT) Joined Chief Minister Lia Finocchiaro at the Goldfishbowl Swim School and Jo Hersey Member for Katherine at Discovery Parks swimming pool for the important announcement.



PROGRAMS



Shout-out to the wonderful schools and students who completed Swim and Survive programs with Royal Life Saving NT in Semester two.



•Milkwood•
Steiner School



*Not pictured - Adelaide River Primary School

POOL LIFESAVING



Pool lifesaving wrapped up for the year in both Darwin and Alice Springs on 4 December. Well done to all our athletes and their families for a great semester.

The 2025 Australian Pool Lifesaving Championships are being held at Sydney Olympic Park Aquatic Centre from Thursday 16 – Saturday 18 January. Good luck to all attending!

Pool lifesaving returns in 2025. If you're up for the challenge and interested in joining, the first session is always free to come and try.

Email sportnt@rlssa.org.au for further information.



Pool lifesaving.
It's more than just a sport.

TRAINING



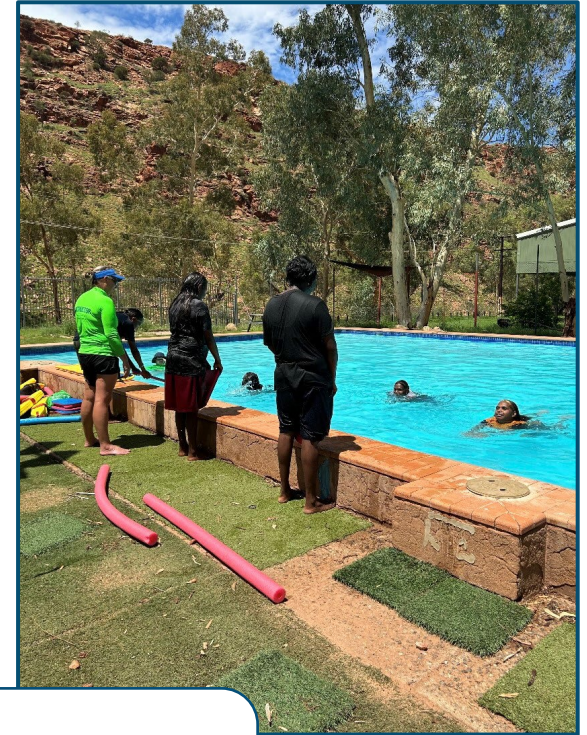
First Aid in
Tennant Creek
4 November



Bronze Medallion at
Parap Pool on 16
November



Pool Lifeguard
in Areyonga on 5 & 6
December





The Wet Season is here and with it the return of Royal Life Saving Northern Territory's important **Stay Out of Pipes and Drains** safety campaign.

We're calling on all Territorians to #staysafethiswet and encourage children to use safe swimming locations.

For helping us spread this important message there's three family prize packs to be won.

Head to our Facebook for more information and to go into the draw.

#stayoutofpipesanddrains

KEEP WATCH



On 13 November Royal Life Saving Australia (RLSSA) released a new Keep Watch report outlining the key steps for keeping children safe in and around water.

The 10-year national study on drowning deaths in Australia reinforces the importance of active supervision and creating barriers to prevent young children from accessing water.

The report paints a stark picture of the factors that lead to a fatal child drowning:

- 83% of the children were not being directly supervised by an adult
- 91% occurred in a residential backyard pool
- 38% of the swimming pool fences were faulty, not maintained or not compliant
- 33% involved a child accessing the pool through a propped open gate

The RLSSA Keep Watch campaign urges all parents and carers to follow these four actions to keep children safe around water: Supervise, Restrict, Teach, Respond.

Keep your child
safe around water.

**SUPERVISE
RESTRICT
TEACH
RESPOND**

KEEP WATCH 



WE'RE TAKING A BREAK

Royal Life Saving NT's office is closed from Monday 16 December 2024 and will reopen on Monday 6 January 2025.



CONNECT WITH US



Connect with us



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@RoyallifeSavingNT



@RoyallifeSavingAUST



royallifesaving.com.au

Tennant Creek Swimming Pool