



KICKING BACK

February 2025



ROYAL LIFE SAVING
NORTHERN TERRITORY



Welcome to the February issue of Kicking Back

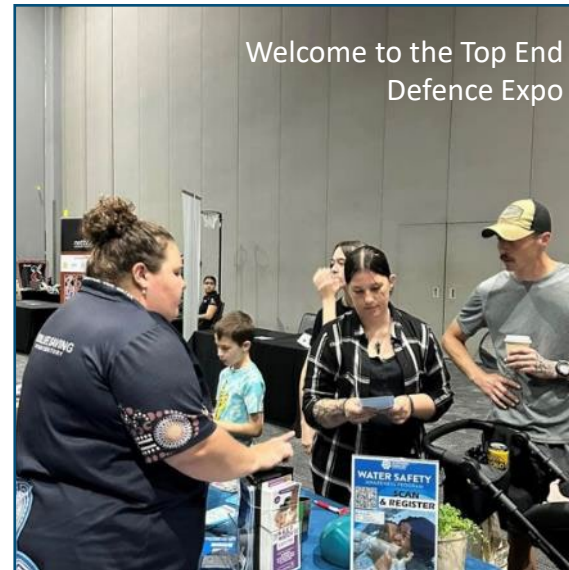
Royal Life Saving NT was out and about across the Territory in February with a jam-packed week of training in Jabiru plus Aquatic Facility Safety Assessments for communities in the Red Centre. Keep reading to dive into all the details!



Aquatic Facility Safety Assessment at Santa Teresa Pool



Pool lifesaving at Jabiru Swimming Pool



Welcome to the Top End Defence Expo

MISSION, VISION AND STRATEGY

MISSION: To prevent loss of life and injury in the community with an emphasis on the aquatic environment.

VISION: To build a healthy, strong and safe aquatic community through access to water safety education and training.

STRATEGY: Our People, Our Lifestyle, Our Water

Patron: His Honour Professor the Honourable Hugh Heggie PSM, Administrator of the Northern Territory and Ms Ruth Jones.

President: Randall Cook

OUR PLACES



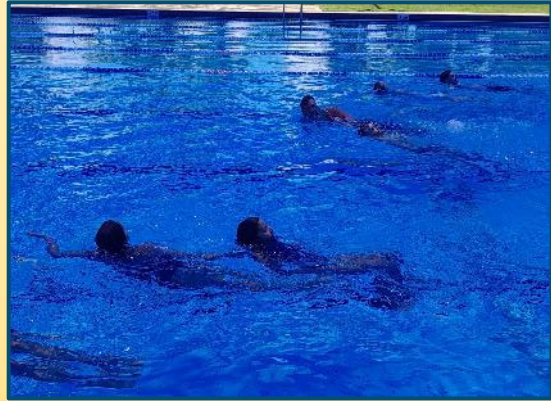
From 17 – 22 February Royal Lifesaving NT visited Jabiru to conduct First Aid, Bronze Medallion and Pool Lifeguard training with staff from local organisations and members of the community.

With 29 Participants over 5 courses it was a jam-packed week!

Special thanks to Bronze Medallion participants from Caulfield Grammar School who volunteered to be patients for the Pool Lifeguard course – without whom lifeguard assessments would not have been possible!

Keep scrolling for more photos from the visit courtesy of our trainer Pamela Dillon. Thanks, Dillon!





POOL LIFESAVING



On 19 February Royal Life Saving NT held a 'Come and Try' pool lifesaving at Jabiru Pool.

There was an excellent turn out with over 20 local children joining the fun session that included pool lifesaving events and water safety skills.

Thank you to STARS and Clontarf organisations for assisting with the event.



Pool lifesaving.
It's more than just a sport.



OUR PLACES



During February, Royal Life Saving NT travelled to Santa Teresa, Areyonga, Yuendumu and Wadeye communities to undertake Aquatic Facility Safety assessments (AFSAs) at swimming pools.

AFSAs provide an expert and comprehensive assessment of the operations of an aquatic facility against the provisions of the Guidelines for Safe Pool Operation, Australian Standards and relevant State and Territory legislation.

Thank you to Y of the NT staff and managing councils for their commitment to ensuring the safety of these vital facilities.



Neriah and Elena
at Areyonga Pool



Trevor, Avalon and Elena
at Santa Teresa Pool

Swim and Survive in 2025 kicked off with Wanguri Primary School participating in Royal Life Saving NT's Water Safety and Life Skills program at Casuarina Aquatics and Leisure Centre.

The full day sessions include first aid and fun activities in addition to swimming lessons. Year levels 5 and 6 made up of 76 students attended 2 sessions on 14 and 21 February.

Wanguri students in year levels 1-4 also participated in traditional Swim and Survive format lessons from 10 to 21 February.

Shout-out to St Paul's Catholic Primary and Woodroffe Primary School students who also completed Swimming lessons this month.

What a great way to start the year!





Wanguri Swimming and Life Skills at
CALC



Wanguri Swimming and Life Skills at
CALC



St Paul's Catholic Primary School at
Nightcliff Pool



OUR LIFESTYLE

On 8 February, Royal Life Saving NT participated in the Welcome to the Top End Defence Expo. Staff joined local providers to showcase services to families who have recently moved to Darwin. There were many wonderful conversations about swimming lessons for children and adults, how to become a swim teacher plus information about the Water Safety Awareness Program and pool lifesaving. Happy swimming to our newest Territorians!



TRAINING



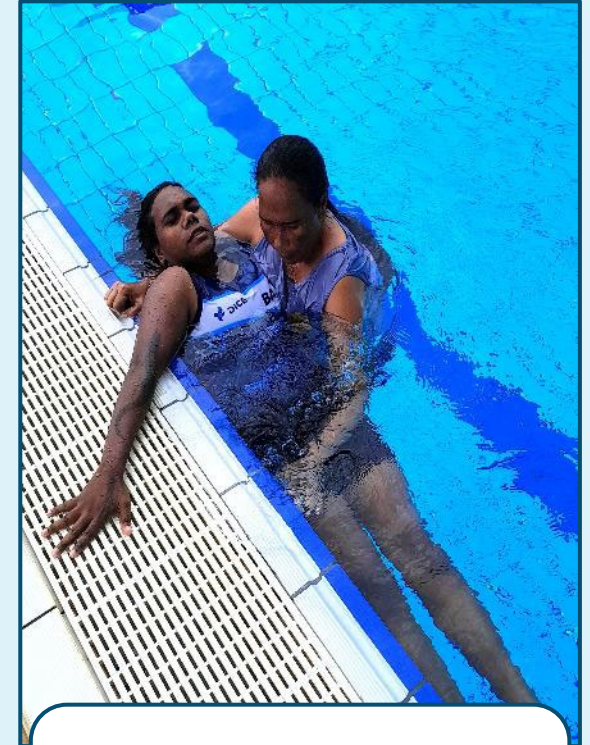
Bronze Medallion with
Nawardeken Academy staff at
Nightcliff Swimming Pool on 3
February



Swim Teacher Rescue Award at
Henbury School
On 4 February



First Aid course with Power and
Water Corporation on 11
February



Bronze Medallion
at Parap Pool
on 15 February

UPCOMING COURSES



Resuscitation

Darwin | 20 Mar, 2-4pm

Darwin | 12 Apr, 2-4pm

First Aid (online learning + practical assessment)

Darwin | 20 Mar, 2-6pm

Darwin | 12 Apr 2-6pm

Bronze Medallion

Darwin | 22 Mar, 8.30am-4.30pm

Darwin | 12 Apr, 8.30am-4.30pm

First Aid Childcare (online learning + practical assessment)

Darwin | 20 Mar, 2-7pm

Darwin | 12 Apr 2-7pm

Bronze Medallion Update

Darwin | 12 Apr, 8.30am-12.30pm

AUSTSWIM Teacher of Swimming and Water Safety

Darwin | 15 & 16 Mar, 8.30am-4.30pm

Book Now



trainingmanagernt@rlssa.org.au



<https://nt.training.royallifesaving.com.au>



Royal Life Saving Northern Territory

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Royal Life Saving NT

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WATER SAFETY AWARENESS PROGRAM



Frequently Asked Questions

Q: How often do I need to complete the Water Safety Awareness Program?

A: Once only per child

Q: Do I need to sign my child's voucher?

A: Yes, please ensure you sign your child's voucher before presenting them to your Swim School

Q: Do the vouchers expire?

A: Yes, please ensure you present your vouchers to your Swim School *prior* to your child turning **5 years of age**

Q: Do I need to record my child's voucher number?

A: Yes, keep your child's voucher number in a safe place as you will need it each time you apply for the NTG \$100 Learn to Swim voucher

If you would like to enquire about an Emergency Care session or have any questions about the Water Safety Awareness Program, please email

wsap@rlssa.org.au



Goldfishbowl Swim School



Join the Goldfishbowl Swim School for an energizing Aqua Aerobics session with fantastic new instructor, Carolyn!

This low-impact, high-energy workout is perfect for all levels, whether you're looking to boost your fitness, improve your mobility, or just have fun in the water.

All are welcome, so come along, get fit, and make waves! See you at the Goldfishbowl

Tuesday & Thursday 6-6:45pm





CONNECT WITH US



Connect with us



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Ltyentye Apurte (Santa Teresa) Pool